

Guidance on face coverings

The *World Health Organisation* (WHO) now advise that "children aged 12 and over (Year 7 and Year 8) should wear a mask under the same conditions as adults, in particular when they cannot guarantee at least a 1-metre distance from others and there is widespread transmission in the area."

Year 7 and Year 8 pupils in England must wear face masks in corridors and communal areas under new lockdown rules. This was already the case for those in areas who fell under Tier 2 and Tier 3 coronavirus restrictions. However, DfE guidance of 5th November states the rule applies from 9th November to all pupils in Year 7 and Year 8, across the country, after we moved into the recent national lockdown.

Beeston Policy

Year 7's and 8's should wear a mask:

At all times when travelling around the school, both inside or outside of buildings, walking to lunch or going to the loo or changing for games.

Year 7's and 8's do not need to wear a mask when:

- In lessons when seated in their classrooms, or while doing PE or Games, or seated eating lunch
- Playing in their own breaktime play area during a break period
- In the boarding house or in their dorms in the morning or evenings

Masks should be washable and each pupil should have a minimum of 3, preferably 4 in case they lose one. Pupils should have a cloth or re-usable mask rather than a disposable one. All face masks should be named with preferably a name tag sewn into it. There should be no sharing of masks and no touching of each other's masks. Pupils should carry their mask with them at all times.

How to use and wear a mask correctly

When wearing a mask:

- Wash your hands before putting it on.
- Inspect the mask to make sure it is clean and isn't damaged.
- Cover your mouth, nose and chin.
- Adjust the mask to your face leaving no gaps at the sides.
- Change your mask if it becomes dirty or wet.
- When removing the mask wash or sanitise your hands first.
- Remove it by touching the straps behind the ears, not the front.
- As you remove the mask pull it away from your face.
- Clean or sanitise your hands after taking off your mask.

• You should store the mask in a resealable bag in between using it next time. The following video shows all of the above. <u>https://www.youtube.com/watch?v=9Tv2BVN_WTk</u>

Types of Face mask

A mask should be made of two layers of fabric. It should cover your nose and mouth without large gaps. The mask should have ear loops or ties as necessary. For people who wear glasses, look for a mask with a bendable border at the top so you can mould the mask to fit the bridge of your nose and prevent your glasses from fogging.

Cloth or Paper Masks

These masks help slow the spread of the coronavirus that causes COVID-19 and help keep people who unknowingly have the virus from transmitting it to others. Thick, densely woven cottons are good materials for cloth masks.

Washing your mask

You should wash your cloth mask whenever it gets dirty or at least daily. If you have a disposable face mask, throw it away after wearing it once. Although, we hope you won't have one of these. Masks can either be washed in a washing machine with the rest of the laundry using a regular laundry detergent or can be washed by hand using the same detergent or soap.

Boarders should hand their face masks into the laundry room for washing each evening as they do with their other clothes, becoming an additional item of clothing in the boarders' baskets.

Day children should take their mask home each day and wear a fresh one the next day for school.

BH, 9.11.2020